

Cycle Seahaven



8th Annual General Meeting

Baptist Church, Seaford
22nd February 2017

Rides and Events Report

2016 was a spectacular year for Cycle Seahaven, with over 500 rides on the calendar and more ride leaders.

Ride Leaders

For 2016 we welcome another two new ride leaders, appointed in April: Andrew Stephenson and James Hill.

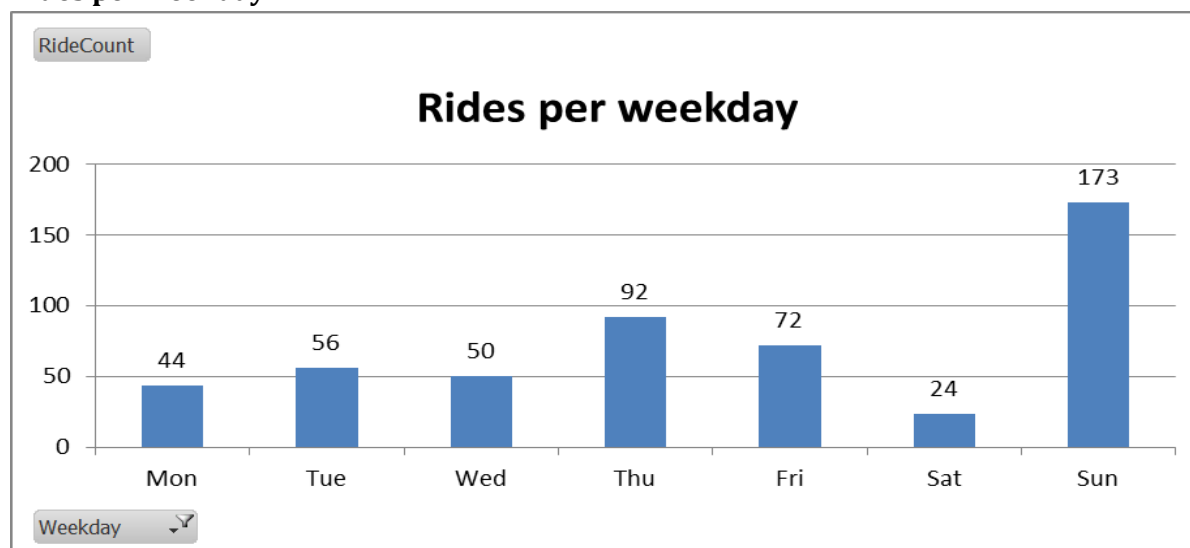
Ride Count

We advertised an astounding 511 Rides in 2016, of which only 70 were cancelled, mainly due to bad weather. Below is a table of planned rides, compiled from the details in our online calendar.

Rides per level

Rides Type per Level	Ride Level								Total
	Beginners	Level 2	Level 3	Inter	Level 4	Sportive	Level 5	Other	
Family	25								25
MTB		55	99		30		15		199
Pub	4	16	26					1	47
Road	10	6	1	27				1	45
Sportive						45			45
Touring			1		130			4	135
Ride			15						15
Total	39	77	142	27	160	45	15	6	511

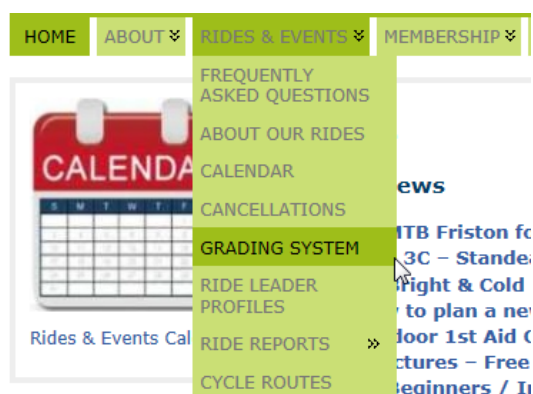
Rides per weekday



Ride level

Our rides on the 2016 calendar used a mix of level numbers and descriptive text to help riders identify which rides were suitable. This sometimes led to confusion so, for 2017, we have slightly modified our grading system to make it more consistent. The new grading system also incorporates help with tyre choice (smooth, mixed, knobbly) and better defines what conditions to expect on Road & Off-road rides.

The new grading system is on our website under **Ride & Events / Grading System**



Events

A number of events were created by Cycle Seahaven or supported by us during 2016.

- February: Our 7th AGM
- March: Outdoor 1st Aid; Family Easter Egg hunt
- May: Egrets Way opening – Family Rides & eBikes
- June: MTB Triple Challenge – Martello Rotary
- October: Pedal in Preston Park
- December: Ride Leaders Meeting; Christmas dinners

For 2017

A new ride leader was appointed at the beginning of 2017: Tim Venables.

A 2-day Outdoor First Aid course is being held by Cycle Seahaven for members and ride leaders in March, at a hugely reduced price of £30 (to members only).

A 2-day Schools MTB Course has been made available to ride leaders in February. Part funded by Cycle Seahaven and part by Sustrans. We have four ride leaders attending.

We are planning to run Dr. Bike sessions in Seaford in the first Saturday of each month, starting in March. The Seaford venue is still under negotiation. Depending how the Seaford one goes, we may look to doing similar for Newhaven & Peacehaven.

Andy Lock