



LADIES RIDES by Sarah Winser - AGM

With my lovely friend Kate Carver

We organise the Ladies Rides

We run these on the second Saturday each month.

Kate and I were delighted when on our very First Ladies Ride 2018

A lady member who had not cycled for some time due to injury, joined us.

And on our first ride this year, a mum joined us with her 13yr old daughter.

Ladies Rides are gentle rides with plenty of chat.

A Great Platform to encourage more Ladies to cycle.

We offer friendship, support and great locations to have tea & cake.

It's going rather well,

Considering!

I have no sense of direction and Kate does not know her Lefty Loosy from her Righty Tightly.

But what Kate and I do have, is a great team of non-ride leaders.

Who support us on our rides, in all weathers, on our recces (often late at night) and with our planning.

We also have a dedicated admin team.

We would like to Thank You All

Team Ladies.