



Club Rules

Cycle Seahaven ('The Club') is affiliated to Cycling UK (formerly CTC), and as such run 'The Club' according to the Cycling UK's documentation.

Club Members and Guests have a duty of care to themselves and other riders when attending Club Rides or Events.

Guests may only attend three Club rides, after which they must join 'The Club' before attending further rides. It is good practice to inform the Ride Leader if you are attending as a guest. Name, address and an emergency contact number of all guests will be taken before rides. This will be kept with the Membership Secretary for three years for insurance purposes.

Only TEN guests may join any Club Ride. This rule does NOT apply to Club Events.

Youth Riders (being riders under the age of 18) may not attend rides unless:

- They have a Parental Consent Form signed and on file with the Membership Secretary.
- Be accompanied by a parent or guardian, or other adult acting as loco parentis who will at all times take responsibility for the actions of the Youth Rider.
- It is good practice to inform the Ride Leader if a Youth Rider will be on the ride.

All members and guests are required to follow all laws and codes.

Helmets must be worn when cycling.

Ride Leaders retain the right to refuse anyone on a ride or during an event.