

**Cycle Seahaven COVID 19 risk assessment for Group Rides, to be read in conjunction with CSH Rides Risk Assessment.
Carried out By Dave Sutton 03/09/20**

Risk No.	Hazard	Risk Description	Risk to CSH Members	Risk to public	Control Measures to be instigated beyond what is required in addition to those detailed in CSH Rides Risk Assessment	Likelihood	Severity	Risk with Existing Controls
1	Contact with a member of the public leading to transmission of Covid 19	Illness ranging from mild to fatal and can include; - sore throat - chills - muscle pain - high temperature - dry cough - trouble breathing - pneumonia	Yes	Yes	CSH Riders to comply with Gov't guidance regarding Face Coverings, hand washings Etc, CSH over 70 or those in the Vulnerable Group with underlying health issues to attend rides at their own risk or after medical advice	1	4	4
2	Transmission of Covid 19 between CSH Riders	Illness ranging from mild to fatal and can include; - sore throat - chills - muscle pain - high temperature - dry cough - trouble breathing - pneumonia	Yes	No	No CSH rider to attend a Group Ride if feeling unwell with symptoms associated with Covid 19 – as detailed in Gov't Guidance All CSH riders to maintain a gap of at least 2m from each other	1	4	4
3	Transmission of Covid 19 via a bike	Illness ranging from mild to fatal and can include. - sore throat - chills - muscle pain - high temperature - dry cough - trouble breathing - pneumonia	Yes	Yes	Limit assistance on rides in the event of a mechanical.	1	4	4

4	Contracting or spreading the virus by not practising social distancing	Illness ranging from mild to fatal and can include; - sore throat - chills - muscle pain - high temperature - dry cough - trouble breathing - pneumonia	Yes	Yes	If necessary, remind participants of the need for maintain social distancing and the requirement to wear masks where applicable			
5	Somebody displaying coronavirus symptoms during or within 14 days of an activity	Illness ranging from mild to fatal and can include; - sore throat - chills - muscle pain - high temperature - dry cough - trouble breathing - pneumonia	Yes	Yes	1. Ask affected person to cease participation in the activity ASAP and make their own arrangements to contact the NHS. 2. Ride participant records will be used to confidentially alert other participants to potential infection risk., as well as Contact and Trace teams	1	4	4

Likelihood 1 Vary Rare , 2 Rare, 3 Occasionally ,4 Frequently, 5 Certain .

Severity 1 Minor Injury, 2 1st Aid Injury, 3 Medical Treatment Needed, 4 Severe Illness/Injury, 5 Death.

Risk = Likelihood x Severity

1 -6 Low No further Controls Necessary

7 -14 Medium Instigate Further Controls to reduce Risk to Low.

15 – 25 High Reduce Risk before carrying out activity.