

## **Cycle Seahaven Ride Leaders Zoom Meeting 11.3.21 19:00**

**Purpose and Agenda of the meeting :** Restarting of Group Rides.

**Chair:** Dave Sutton

**Attendees:** Clive Aberdour, Roger Case, Paul Sandles, David Tyler, Sarah Winsor, Mike Winsor, Carol Bryant, Denis Bass, Jamie Simmons, Tony Rowsell, Sarah Webb, Joe Hamilton, Mark Smoker.

**Apologies** Jo Barlow, Andy Lock , Kate & Ricky Carver, Debbie McDermott, Ellie, Chris Hollis

The Chair welcomed all & two new members Sarah Webb & Jo Hamilton with thanks to all for joining.

**DS:** Ride leaders willing, it is expected that group rides will re start on 29.3.21 . There is possibility of an increase in numbers being allowed. Cycling UK are awaiting an update from the department for Media Culture and Sport regarding this expected 22.3.21.

### **Subject to final confirmation guidance timescales :**

March 8<sup>th</sup> two people now able to stop for a coffee outdoors during their ride.

March 29<sup>th</sup> Outdoor Groups permitted under Rule of 6 guidelines.

April 12<sup>th</sup> outdoor hospitality re opening, rule of 6 still applies.

May 17<sup>th</sup> groups of 30 to meet outside.

June 21<sup>st</sup> easing of restrictions.

### **Posting of Rides**

**DS** confirmed that rides can be posted following the meeting & commented that it is not the ride leaders duty to impose the rule of 6.

TR said he will post a ride

**CA** will post an easy touring ride. **DS** a touring ride.

**SW** said the first ladies ride will be posted for the 10.4.21. She commented on how well supported and enjoyed the group MTB ride had been.

Due to its popularity, there was a general consensus to put on another MTB group ride with staggered start times similar to the one last Autumn. **Action DS to arrange MTB Group Ride.**

**DS** also stated that he and **MS** were planning a Road Ride Day Out for the club with a choice of two routes on quieter roads, riders will be able to choose between a 40 mile or 100 mile route. More details to follow. **Actions DS and MS**

### **Dr Bike**

**DS** : Dr Bike will re-start on the 17.4.21 then be on the first , third and fourth Saturday of the month.

### **Benefits of Shorter Rides for both Leaders and Members**

**PS** raised the point that some riders may feel less intimidated and more comfortable with becoming a ride leader specifically to lead shorter local rides of between 5 to 10 miles. Also that shorter rides may encourage members who are either new or who have not ridden during the pandemic to join in.

**SW** noted that riding to Bo peep and back is popular as a shorter router.

**DB** said he would be happy to lead on shorter routes.

**JS** suggested canvassing members about the types of rides they wanted.

**Action to be discussed at CSH Committee.**

### **E bike specific rides**

**TR** said he would also be willing to do this if there is interest in both E bike specific graded rides as well as rides for beginners to E biking.

**DS** said that Roger Lambert has expressed a willingness to assist with E bike specific rides.

### **Adjustments to Road Riding classifications**

**RC** raised the proposed minor changes to the road riding classifications which were circulated to all road ride leaders prior to the meeting. These were discussed and clarified & agreed. **DB** confirmed they are included in AOB for the committee meeting.

### **First Aid**

**CB** asked if ride leaders needed the club to provide anything such as PPE for them to feel comfortable in leading rides.

**DT** responded that some of his first aid equipment was out of date. – Lee Turner has a stock.

**JS** asked if there was a standard contents inventory list **DS** believes that there is.

**Actions:** Discuss the committee's position on 1<sup>st</sup> aid at the meeting. Consider arranging a virtual first aid refresher course. **Action CSH Committee**

### **The Bike Trailer**

**TR** raised the possibility of the using the bike trailer for a Bewl water & Bedgebury ride. **RC** said he would be happy to assist with this.

**DB** said that he will be working on modifications to the trailer in April to allow it to accommodate wider tyres and take bikes with mudguards. The group also discussed how riders should get to events where the bikes are transported by the CSH Trailer. Generally, we have used cars, car shares, The Lions Minibus and on one occasion a Coach Hire.

### **Ride with GPS club account.**

Many routes are now added to this. The feedback from members who are using it is extremely positive. Auto join link is in the last newsletter and will be on the "Cycle Routes" section of the website when it is updated.

**CA** will include this in the club blog.

### **MTB ride leader coordinator needed**

**DS** asked if any of the MTB ride leaders were willing to take this position. Although more of a road rider **DS** has agreed to act in this role if no MTB leader comes forward. He stressed that both he and **CB** view their role as one of supporting the ride leaders in any way possible to get rides on the calendar, so if you're a ride leader, please ask for support if needed.

Next Meeting

03/06/2021 19:00 on Zoom