



Cycle Seahaven Committee Meeting

7pm, Monday 4th March 2024

Held via Zoom due to ill health.

Present: Denis Bass (Chair), Yvonne Knight (Treasurer), Gill Peissel (Club/Membership Secretary), Sarah Winser (various Subcommittee Roles).

1. **Chairs Welcome:** Denis opened the meeting at 19.05 hours by welcoming everyone. A one-off Zoom subscription had been organized to allow this meetings duration without interruption. It was agreed an annual Zoom subscription was not necessary as health issues are temporary.
2. **Apologies for absence:** None
3. **Minutes from previous meeting:**
The minutes for the meeting 22nd January 2024 were approved.
4. **Matters Arising/Action Points Update:**
 - Gill to request updates from Paul Sandles for the next meeting - *done*.
 - Sarah to organise a Well Being update - *done*.
 - Denis to book White Lion for RL Meeting on 13th March – *done*
 - Denis to liaise with Jamie to meet with ESCC and 2024 events – *done*
 - Gill to liaise with Ian regarding the sending out surveys regarding the Local Transport Plans - *done*
 - Yvonne to liaise with Sarah about joining the Wellbeing Team – *done*
 - Denis to liaise with Jamie regarding attendance at The Sustainability Fair on 01.06.2024 – *done*

5. Feedback From Members:

Sarah advised a member has asked for the club to be involved in more charity rides. She suggested she take this info to the next RL meeting to see if anyone

would like to support it. Gill suggested the member might like to take on the role themselves of organising CSH to take part in charity rides, as this role wasn't isolated to only within a RL's scope.

6. Section Leads

- **Ride Leader Coordinators**

Mike reported on the ride stats for the period 22.01.2024 to 03.03.2024

Road Rides – 22 posted, 7 cancelled due to poor weather conditions.

MTB Rides – 15 posted, 0 cancelled.

Total club rides executed 30

No reported incidents.

Considering the challenging weather, it was commented on that the number of rides executed exceeded the previous six weekly duration, and what an achievement the Ride Leaders had accomplished. Well done Ride Leaders for your dedication.

The next RL meeting is booked for 13.03.2024 at The White Lion.

Sarah & Den said they will discuss the meetings format beforehand and possibly involve another helper to assist.

- **Treasurers Report**

It has been agreed Yvonne to complete her Treasurers Reports monthly meaning there will be alternating 1 or 2 reports presented at each committee meeting.

Den observed the club is financially sound and with the onset of summer, suggested more be invested in the jersey project. It was agreed the remaining subsidy would allow a jersey sale at the May AGM with a promotion on gloves, and a plan for future CSH merchandise be presented for members approval.

Gill said she will remind RL's of available funds via the 'Ride Grant' in the RL's WhatsApp group.

Cycle Seahaven				
Accounts @ 29/02/24				
Balance B/F @ 31/01/24				£4,791.46
<u>Income</u>				
<i>Received From</i>	<i>Description</i>		<i>Amount</i>	
Various	Memberships		£105.00	
Dr Bike	Donation		£150.00	
		Total	£255.00	
				£5,046.46
<u>Expenditure</u>				
<i>Paid To</i>	<i>Description</i>		<i>Amount</i>	
		Total	£0.00	
		Balance		£5,046.46
		Bank Balance @ 29/02/24		£5,046.46
		Variance		£0.00
<u>Balance Includes</u>	B/F	This Period +	This Period -	Total
Charity Donations	£50.00	£150.00	£0.00	£200.00
Dr Bike Grant (Refreshments)	£157.12	£0.00	£0.00	£157.12
Cycling UK Grant	£540.48	£0.00	£0.00	£540.48
Committed Funds				£897.60

- **Membership Updates** up to 18.01.2024

There have been no new joining members, and now all membership fees have been collected the total CSH membership stands at 293. The Chairman thanked Gill for her hard work within the membership role.

- **Wellbeing Team – 6 monthly update**

Sarah reported her 'six-weekly-check-ins' were going well. Yvonne is joining the team if only to support the actual Wellbeing Team as has little contact directly with members, and Sarah is organising a one-off meeting with them all to introduce her.

Denis expressed how positively the Wellbeing Team has evolved and thanked Sarah for its continued success.

- **First Aid Kit & Radio Monitor - 6 monthly update**

First aid kits Paul has 15 x RL's listed to carry first aid kits. He hasn't had any requests for replacement items, and this would tie in with the no incidents being reported. The first aid stock box is all within date but kits are incomplete, as a conversation with Denis agreed replacements would be ordered as and when needed to prevent out-of-date stock.

Radios Paul reported there are 13 allocated to 9 x RL's, 8 of which have double based charges. Paul has not received any reports of radios not working.

Sarah and Denis spoke of a possible need to update the clubs first aid kit contents, some of which appeared outdated and unnecessary since completing the Medics Choice First Aid Training course. Sarah suggested she liaise with Neil Bustin from Medics Choice for advice, and bring her findings to Paul and Denis for further discussion.

- **Local Liaison Officer**

Ian sent a report explaining his latest focus had been on the ESCC LTP4 (Local Transport Plan 4), and with Gill's help information and surveys had been circulated to members suggesting they make a response to the consultation. Ian then composed a formal response to ESCC on behalf of Cycle Seahaven and its members.

- **Dr Bike Update**

Jamie reported more donated bikes had already been sold, raising funds ahead of the season start. The Dr Bikes sessions will be resuming on Saturday 6th April and Jamie has posted this year session dates on the club calendar, and on the website shortly. In agreement with ESCC these dates will be shown together with some CSH literature within the display case at the Peacehaven Hub.

The Peacehaven Hub is a space for community groups to share and there has been two more meetings with ESCC and Sustrans to discuss its usage. As CSH have remained the main and consistent users, ESCC have agreed Dr Bike can retain the small container space which is shared only with ESCC and Sustrans, and no other community groups. Jamie has also negotiated access again to ESCC's and Sustrans bikes held at the Hub for purpose of loans to CSH members, and one member is already benefiting from this.

Denis has retrieved a bike to be 'done up' and sold to raise donations for the clubs charity. He will carry out the cosmetic work himself and then pass the bike over to Dr Bike for a once-over before it is sold. Well done Denis.

7. Trophy Nominations

The trophies have been collected from their previous recipients and the committee discussed nominations put forward to receive the trophies this year.

8. Voting Agenda Items Notified in Advance: None

9. Date of Next Meeting: 08.04.2024 to be held at The White Lion, Seaford

10. AOB

- Gill expressed concern regarding a new unknown FB account that was using the CSH initials, saying this made it look connected to CSH admin or the committee. Sarah claimed responsibility and said it was a mistake account that was waiting to be deleted. No further action was thought necessary.
- Seahaven FM - On the evening of 27th March Denis and Jamie Simmons are representing the club on a local radio chat show. The committee sent good luck to both.
- Clive's deadline for Spring Newsletter is 31st March

Action points

- 1) Gill to add Yvonne to the Google RL Grant Form.
- 2) Gill to send ride grant reminder to the RL WhatsApp Group
- 3) Sarah to contact Neil Bustin (Medics) Choice for advice regarding the clubs first aid kits.
- 4) Sarah to bring findings back to Paul and Denis for further discussion.
- 5) Denis & Sarah to discuss the RL meeting format and if additional help is required to assist.