



Cycle Seahaven Committee Meeting

7pm, Monday 8th April 2024

The White Lion, Claremont Road, Seaford.

Present: Denis Bass (Chair), Yvonne Knight (Co-opted Treasurer), Gill Peissel (Co-opted Club/Membership Secretary), Sarah Winsor (Various Subcommittee Roles), Jamie Simmons (Dr Bike Lead), Dave Sutton (Guest member).

1. **Chairs Welcome:** Denis opened the meeting at 07.05pm by welcoming everyone.
2. **Trophy Presentation:**



Dave Sutton joined the early part of the meeting in order to receive a trophy engraved with '*Commitment to the Development of Cycle Seahaven.*'

Denis gave a little speech thanking Dave for his previous years of committee input, huge cycling knowledge and having played a major active part in practically every role within the club. Denis told Dave he knew he spoke on behalf of the club when he said Dave will be greatly missed, and wished him good luck for his future in Wales.

3. **Apologies for absence:** None

4. **Minutes from previous meeting:**

The minutes for the meeting 04.03.2024 were approved.

5. **Matters Arising/Action Points Update:**

- Gill to add Yvonne as a recipient collaborator of the RL Grant Google Form - *done. Yvonne has now requested help regarding opening the invitation.*
- Gill to send grant reminder to RL WhatsApp Group – *done*
- Sarah to contact Neil Bustin (Medics) Choice for advice regarding the clubs first aid kits - *done.*
- Sarah to bring findings back to Paul and Denis for further discussion - *done and Paul to now take over.*
- Denis & Sarah to discuss the RL meeting format and if additional help is required to assist - *done (see below).*

6. **Feedback From Members:**

A previous member has asked Denis for guidance in riding the SDW. Denis said he was happy to help but should it become too involved, eg they require use of the trailer, he will stipulate they must become CSH members again.

7. **Section Leads**

• **Dr Bike**

Jamie reported the first Dr Bike session on 6th April was a success with a good turnout from both Dr Bike volunteers and the public. He will be collecting two donated bikes and Yvonne will be donating her daughter's bike.

The Peacehaven Hub has two containers, and Jamie was pleased to announce a new key lock has been fitted for the keys of the container Dr Bike uses to keep their kit separate from other community users.

The Cycling UK grant budget opens at £540.48 and donations already collected stand at £264.92.

The committee agreed to the continuation of the Dr Bike refreshment subsidy, which Jamie uses to buy instant coffee, teabags, milk & biscuits, etc as per the previous season. Gill asked that the Dr Bike team were notified of the continuation of this agreement.

- **Ride Leader Coordinators**

- Ride Stats (for period 04.03.2024 to 07.04.2024)**

- Road Rides – 15 posted, 6 cancelled.

- MTB Rides – 14 posted, 0 cancelled.

- Total club rides ridden 23

- No reported incidents.

- Ride Leaders Meeting 13.03.2024 Update**

- Mike Godwin has taken on the role of Ride Leader Meeting Coordinator. He will be organising the agenda, chairing the meetings and distributing minutes. Gill has provided Mike with a list of Ride Leaders email addresses.

- Roger Lambert offered to support Michelle in advancing her ride grades, and has since taken on the role of Ride Leader Assessor. He will replace Dave Sutton.

- Next Ride Leader meeting 8th May.

- First Aid Kits**

- New First Aid Kits**

- New kits have been organised at a cost of £81.12 and are available for distribution from Paul Sandles, contactable via the websites Contact Us page or the Ride Leaders WhatsApp Group.

- Upgrading First Aid Kits**

- Paul has provided a comprehensive list of what is presently held in the first aid kits and how he suggests it might be upgraded. He will present his findings at the next RL meeting on 08.05.2024 for agreement.

- Redundant First Aid Items**

- It has been proposed that out-of-date or redundant items should be donated to charity. Denis is presently investigating sending together with old jerseys as reported below (item 8).

8. Sustainability Fair Discussion

Jamie gave a brief overview of the event and what Dr Bike could contribute in regard to other cycling related attendees. Denis has committed to attend the event as committee representative.

9. Unwanted Jersey Donations

Denis is going to make contact with the Ukrainian Red Cross in respect of donating members old cycling jerseys. He will also liaise with the club's jersey supplier Purple Crimson to see if they have any jerseys for donation. The idea is for members to bring their unwanted jerseys to the AGM, or pass over by other means yet to be established. Out-of-date or redundant club first aid kit will be added to the charity bundle.

10. Seahaven FM Radio Talk Show

Den, Yvonne and Jamie spoke about their time with Len Fisher on Seaford FM 'Community People' on 27.03.2024. This radio show talks with organisations and individuals who serve the area. We all deemed it an immense success and thanked them for giving up their time to represent the club.

Following on, Denis and his wife Sharon have organised another talk with Len Fisher on Wednesday 12th June 7-8pm, regarding the Motor Neurone Disease Association (MNDA) in which they are both heavily involved. Please listen in to learn about the progress they have made in keeping the local arm of this charity so successful.

11. Voting Agenda Items Notified In Advance – none

12. DONM – 20.05.2024

13. AOB

- Sarah and Jamie discussed putting on a charity event for members to support the club's new charity (to be nominated in May). This might include a series of graded rides, or a point to point, scatter rally (as called by Denis), collecting items or working out clues. There were suggestions of raising money by charging an entry fee or sponsorship to participate in the event. If you like fun, watch this space!

- Sarah's Ride Leaders grant application was approved to help cover costs for three possible WOW rides tba. The funds would help towards trailer, petrol, parking and vehicle admission fees yet to be confirmed.
- Yvonne is being introduced to the Wellbeing Team next Wednesday. Sarah and Yvonne discussed what Yvonne could bring to the Wellbeing Team.

Meeting closed at 8.30pm

Action Points

- Gill or Den to help Yvonne accept the collaborator invitation for the Google form Ride Leaders Grant Application.
- Gill, Den & Yvonne to check they have email notifications turned on for any Google forms they are set up to receive.
- Denis to continue his investigations regarding the Ukrainian Red Cross.
- Denis to ask Purple Crimson for unwanted jerseys to be donated to the Ukrainian project.
- Gill to update Paul Sandles regarding out-of-date first aid kits and the Romanian Red Cross (or other charity).
- Gill to notify trophy winners to confirm their attendance at the AGM.
- Gill to notify members of the Ukrainian project when exact details are established.
- Yvonne agreed to prepare the slides for the AGM PowerPoint presentation. Gill will give Yvonne her data nearer the time.