

CSH – RIDE LEADER (RL) MEETING - WED 22 MAY 2024  
WHITE LION 1900 hrs

Attendees: Denis Bass, Sarah Winser, Jamie Simmons, Paul Sandals, Mike Godwin, Clive Aberdour, Roger Case, David Tyler, Kate, Mike W

Apologies received from: Laurence, Roger L, Carol, Gwydion, Michelle, Tina

Welcome and thank you for attending this evening.

Actions from previous meeting 13 March 2024:

1. Ride with GPS (RWGPS) Routes Library.

Clive said he was under the impression that he was the only ride leader using it for ride descriptions on the club calendar. Also, he thought it unlikely that many members accessed it.

Subs have now been paid up until Jan 2025 at a cost of £200.

Decision was to not to continue and any current saved RWGPS to be saved on own account.

Action: Denis B to propose a vote for all members at the AGM to suspend RWGPS annual subscription.

2. Youth Members on rides.

It was discussed and felt that the current wording on the website needs to be changed to reflect RL concerns and responsibilities.

No riders under the age of 18 can join a ride without having the official form from the website signed by a Guardian/Parent and supervision on the ride by a Guardian/Parent.

Action: Gill to review the wording to be used and uploaded to the website, accordingly, copy of which will be provided to Mike G to include in minutes of this meeting.

New wording agreed with Denis and Gill will be:

All youths (under 18 years old) must be accompanied by a parent, guardian or other adult acting as loco parentis.

Actioned and web site updated in RL area.

3.2B rides

Support assessment required for Michelle.

Action: Roger L

Completed and Michelle is now an official RL.

4. 1A rides

These are still to be organised but waiting for lighter evenings and better weather.

Possible dates will be Tues evenings, last Saturday in the month.

Ideally other RL will also support. Action: Mike G to discuss with Tina C

5. Sponsored public Rides.

New member David Ray has asked if we could share what rides are available. After discussion, it was felt that David should be invited to the next RL meeting to further explain his request. Perhaps David would consider being the conduit for providing this information to other members.

David was unable to attend this meeting, it could be discussed at the AGM if David is able to attend.

Action: Mike G to confirm David is attending AGM

#### 6. First Aid

Following on from the recent course held, what should RL have in their first aid bags?

Comparison to be made with suggestions and what we have currently.

Note to be sent to RL to ask if replacements required has now been actioned.

New items to be issued.

Microporous tape.

Sterile wipes to be increased in qty from 6 to 10

Melamine dressing 1 off to be issued.

Action: Paul S

#### 7. Unwanted CSH Jerseys

Member has asked what to do with good condition cycle equipment ie: Gingerfit that are no longer required.

Members will be advised at the AGM accordingly.

Action: Denis B

#### 8. Next AGM

Proposal to give free cycle gloves with any jersey purchased on the evening of the AGM.

Action: Sarah W to advise the membership accordingly.

Actioned and membership advised.

#### 9. Future agenda items

Please ensure agenda items are passed to Mike G who will issue one week prior to RL meeting.

Action: All RL's

#### 10. RL Financial support

Reminder to all RL's that you can claim up to £200 to contribute to costs incurred on official club rides.

The application form is on line.

#### 11. Minutes circulation

It was agreed that minutes will be added to the website as happens to minutes for committee meetings and AGMs. Action: Denis B. This has been actioned.

## New Items:

1. LV has asked if we could standardise more of the areas in the calendar as it's the same for every ride.

Action: Laurence to attend next meeting to discuss further,

2. Review new RL current assessment.

Roger L is the RL assessment coordinator, and any potential new RL should be discussed with Roger, ensuring they have the experience etc

To provide more detail:

RL Assessor role explained.

Any RL can make assessments on another rider who aspires to be an RL. Roger Lambert has agreed to manage the club RL's to ensure consistency and maintain the high standards we already have. The RL assessment form (created by Dave Sutton) will be the checklist we use to monitor this process. The completed forms will be held by our club secretary (Gill) to ensure we maintain accurate records for the club. For Insurance purposes the club must keep an updated record of RL's which has to be submitted to Cycling UK.

3. Incorporation of multi rides. SW, JS

Brief explanation given, multi rides MTB, Road with different levels set off from the same start point, same mid-point and finish. Different routes with RL in each. Date to be advised in order that further planning can happen with membership. This is to be organised with our chosen charity in mind, i.e. donation to enter or own Sponsorship.

Action: JS and SW

4. LV has asked if we can save MTB routes from Strava and post on WhatsApp groups or on the CSH calendar

Laurence to be advised that CSH as a group is already listed on Strava.

Action: Mike G

5. Cycle stats

8/4 to 19/5

Road 22 posted 5 cancelled

MTB 18 posted 1 cancelled

A. Discussion took place as to how do we get more Grade 1 and 2 Rides on the calendar?

B. Publish table of RL leading rides. This was considered to be potentially divisive.

Action: We would send out prior to the AGM a small survey to the membership what were they looking for from the club and rides.

Action Denis B

Next meeting 16 October

White Lion 7.00