



**Cycle Seahaven Committee Meeting – 6.30pm Monday 10th March 2025**

**The White Lion, Seaford.**

### **MEETING MINUTES**

**Present: Denis Bass** (Chair), **Yvonne Knight** (Treasurer), **Roger Case** (Co-opted Club Secretary) **Gill Peissel** (Sub-committee Membership Sec/Club Administrator, **Clive Aberdour** (Website Administrator/New Letter Editor) **Jamie Simmons** (Dr Bike Lead)

- 1. Chair's Welcome** - Denis welcomed the committee, Gill, Clive and Jamie
- 2. Apologies for Absence** - none
- 3. Minutes of the last meeting approval** – 27.01.2025 – **approved**
- 4. Newsletter Discussion** (Clive A)

Clive A reported that he felt uncertain as to how many members actually read the Newsletter and various ways of eliciting feedback were discussed including a Google Feedback form link at the end of the Newsletter. He was also concerned at the lack of contributors as there were only two for the Winter Letter. Better news is that there are two contributions for the next Newsletter already. The Committee were fully supportive of the Newsletter as a valuable tool for both communication and inspiration.

- 5. Intro to Ride Routes Library** (Clive A)

Clive A has copied across the RWGSP routes used on the tourers rides to produce a 'route library'. After an initial PDF document version was issued to the Tourers WhatsApp group, a larger version was placed within the RL's Area on the fallback website, and finally the operational website. Clive has notified all RL's and will be writing an article in the next Newsletter. The committee thanked Clive for his hard work.

Clive's helpful report following the last AGM with ideas and suggestions for improvement was discussed. The majority of suggestions will be developed further to make the AGM shorter and more interesting and thus attractive to more members. Proposals will be brought to the committee for consideration.

- 6. Matters Arising / Action Points Update**

- **Roger C** to check all WhatsApp Admins are happy with their role and how it's working. *(completed)*
- **Roger C** to continue to review on-line RL Assessment forms with Roger L. (Gill P has arranged for the form to go on the website and advised RL and the RL's in the RL WhatsApp Group. Roger L will ask for any feedback at the next RL's meeting.) *(completed)*

- **Roger C** to sound out ride leaders on their first aid training status to see if renewal is required. (Gill P gave Roger C the RL figures and has sorted training quotations from 4 companies). *(ongoing)*
- **Roger C & Gill P** to start consideration of nominations for award trophies at AGM (Gill P has advertised on both Facebook and the WhatsApp Groups.) *(completed)*
- **Roger C** to Collect award trophies x 2 from members for new engraving to be arranged by Denis (Gill P has collected and passed them to Denis) *(Completed)*
- **Yvonne K** to Liaise with Wellbeing Team about gathering *(completed and see Wellbeing Team notes below)*
- **Denis** to arrange a meeting to develop proposals for Member Sales & Member Payments for the next committee meeting *(see Jersey Update below)*

## 7. Feedback from members

Chris Smith OSS has alerted us to the proposed changes to rights of way in the Lower Cuckmere Valley and their possible effect on Avenue Vert

## 8. Section Leads

### Dr Bike (Jamie S)

First Dr Bike session of 2025 in Peacehaven on 5<sup>th</sup> April, Diary dates are in the calendar Hub meeting is on 24<sup>th</sup> March and Jamie S will attend if work allows as we are a stakeholder. Dr Bike volunteer numbers are down slightly this year and we need a minimum of 4 to effectively run each session. Gill P has ensured all Dr Bike Team are recorded within the Cycling UK's 'officials list' regarding club insurance as they are all ride leaders.

### Ride Leader Coordinators

#### Stats (Mike W) 27.01.25-09.03.25

Road Rides – 20 Rides posted  
 Road Rides Cancelled – 5 Rides  
 MTB Rides – 18 Rides posted  
 MTB Rides Cancelled – 2 Rides  
 Total ride Run – 31 Rides  
 No incidents reported

### WhatsApp Groups (Gill P)

Can RL's remain mindful about adding new members as these groups are a great source of information often before the info is posted on the club calendar. - *Roger C to discuss WhatsApp groups at RL meeting on 12<sup>th</sup> March.*

### Treasurers Report (Yvonne K) January 2025 Report

### Spreadsheet below

Cycle Seahaven				
Accounts @ 31/01/25				
<b>Balance B/F @ 31/12/24</b>				<b>£4,056.47</b>
<b>Income</b>				
<i>Received From</i>	<i>Description</i>		<i>Amount</i>	
Various	Memberships		£1,565.00	
		Total	£1,565.00	
				<b>£5,621.47</b>
<b>Expenditure</b>				
<i>Paid To</i>	<i>Description</i>		<i>Amount</i>	
		Total	£0.00	
		Balance		<b>£5,621.47</b>
		Bank Balance @ 31/01/25		<b>£5,621.47</b>
		Variance		<b>£0.00</b>
<b>Balance Includes</b>				
	B/F	This Period +	This Period -	Total
Charity Donations (Dr Bike)	£32.37	£0.00	£0.00	£32.37
Charity Donations (Jersey)	£5.00	£0.00	£0.00	£5.00
Charity Donations (Multi Ride)	£100.00	£0.00	£0.00	£100.00
Dr Bike Grant (Refreshments)	£155.73	£0.00	£0.00	£155.73
Cycling UK Grant	£379.63	£0.00	£0.00	£379.63
Ride Leaders Grants (JS)	£96.00	£0.00	£0.00	£96.00
Ride Leaders Grants (SW)	£180.00	£0.00	£0.00	£180.00
<b>Total Committed Funds</b>	<b>£948.73</b>	<b>£0.00</b>	<b>£0.00</b>	<b>£948.73</b>

Official

### Notes on Spreadsheet

*Dr Bike Grant (Refreshments) to be reset to £200*

*Ride Leaders Grants (JS) to be reset after AGM (JS no longer a ride leader so perhaps MG?)*

*Ride Leaders Grants (SW) to be reset after AGM*

### 2024 Audit of Accounts for 2024

*In hand*

### Committed Funds

The committee is looking at spending excess CSH funds and Gill S suggested the remaining jersey subsidy (£1,338.31) and remaining RL grants (£876.00) be included within 'committed funds' on the Treasury Report to gain a true incite of available monies. The committee decided to wait until after the AGM when the RL grant will reset to £1000.

### Membership Update (Gill P)

Membership now stands at 262 which includes 7 new members.

Sarahs A1 rides generated 5 guests, of which 3 have now joined the club.

### Merchandise Figures

#### Sold/Stock Jerseys

Sold 68

Free to Ride Leaders 24

### **Subsidy Accounts**

£1661.69 used

Gloves popular but no stats available

### **Radios and First Aid Kits Update (Paul S)**

Paul reported there are currently no problems with the radios, and no first aid kit replacements have been requested by RL's. This ties in with no incidents being reported.

### **Wellbeing Team (Sarah W)**

I check in with the Wellbeing Team via Messenger. Approx Every 6 weeks.

We have met up twice in the past to share each team members knowledge/strength's. So we can work efficiently If the occasion arises to signpost.

This is done as a social evening. Our group chat is purely used for info re-signposting.

No person's name or personal info are discussed or recorded. As each team member is respectful of confidentiality.

My message to the team reads as follows :

*Hi Team*

*'checking in'*

*to ensure connection with each other, to establish no one person is being inundated or is worried about some info that has been shared with them.*

*Please do not hesitate to contact me*

*Thank you for your support.*

No messages of concern from team members from my last check-in

## **9. First Aid Training**

Denis B will propose to members at the AGM that a course will be booked with 12 places booked and paid for on a first come – first served basis firstly for Ride Leaders and any spaces left to be offered to any member as emergency First Aid capability is of a wider community benefit.

*Roger C to discuss First Aid Training at Ride Leaders Meeting on 12<sup>th</sup> March*

Last year's quote with medics Choice was £450 for up to 12 people for the 1-day Emergency First Aid course. This year the same course is £540. They also offer a Sports First Aid which again gives a 3-year certificate and might be better suited. Gill P will send details to the committee. Because of the cost increase Gill P also investigated costs with Red Cross, St John Ambulance. Onsite First Aid, and CaringForCare. They were all hugely more expensive, some leading into the thousands of pounds, with most necessitating also hiring a venue.

## **10. Voting Agenda Items Notified in Advance**

None

## **11. Further AGM Discussion**

Trophy Nominations: now agreed

Slides: *Roger C to prepare Power Point slides from information supplied by those presenting*

Other AGM business: For next meeting

## **12. DONM – 28<sup>th</sup> April at 18.30 in the usual venue**

## **13. AOB**

Ian Cairns continues to kindly keep CSH informed of C7 proposals which are currently not definitive and representing us and cycling on the new Exeat Bridge planning.

### Remaining AGM Timeline

#### March

Send out AGM invitations with AGM meal booking form and charity nominations. (19<sup>th</sup> March, 6 weeks ahead of AGM date)  
Advertise AGM on Facebook.

#### April

All AGM presentation notes and slides to the committee by 14<sup>th</sup> April, Roger C and Gill P to collate.

Booking forms for AGM meal to be returned by 28<sup>th</sup> April

The 28<sup>th</sup> April Committee meeting will be largely dedicated to preparing for the AGM with a run through using Denis's laptop, projector and screen.

#### May

The now traditional and valued jacket potato will be served in advance of the meeting to all who book

### Denis B closed the meeting at 8.30pm

#### **Action points for 28<sup>th</sup> April**

- *Roger C to discuss WhatsApp groups at RL meeting on 12<sup>th</sup> March.*
- *Roger C to discuss First Aid Training at Ride Leaders Meeting on 12<sup>th</sup> March*
- *Yvonne K to reset Dr Bike Grant (Refreshments) to £200*
- *Yvonne K to reset Ride Leaders Grants (MG?) after AGM*
- *Yvonne K to reset Ride Leaders Grants (SW) after AGM*
- *Roger C to prepare Power Point slides from information supplied by those presenting*
- *AGM presenters to provide slide info to Roger C/Gill P by 14<sup>th</sup> April*