

**CSH – Draft RIDE LEADER (RL) MEETING – Mon 11 August 2025**

**WHITE LION 1900 hrs**

**Agenda:**

**Attendees: MG, RL, SW, RC, LV, Jim, Clive, Paul, Michelle, Bob**

**Apologies received from: MW, RC, KC, Dr DT, DG, IW**

**Welcome and thank you for attending this evening.**

**1 Multi rides from the NSSC 17 Aug Sunday 9.00**

**New members 2025 mail shot :Action Gill**

**2B, 3B, 3C, E bike specific, 3 Road bike routes**

**No Gazebo required**

**Snacks and Badges organised.**

**New member forms to be printed for Sunday by Bob**

**Committee to be asked for Feather Flags x2 CSH: Action Sarah**

**2 Average speeds**

**Be more realistic.**

**3 News letter input from RL**

**Share what happened on the ride. Action Bob to discuss with Derek ref  
cassette.**

**4 Bookings for a First Aid course this autumn.**

**Please ensure you sign up for 18 or 25 October.**

**5 RLs carrying space ICE cards to encourage their use and Club &#39;business&#39;  
cards to hand to interested others on rides.**

**Clive believes he has a wad to pass to Bob for Sunday: Action Clive**

**6 RL grants**

**Discussion took place. Reminder that forms available on the website.**

**7 More 1A 2B rides needed**

**Roger L and Michelle have agreed to post more rides 2B at least 1 per month.**

**Roger C and Bob have also committed to posting 2B rides. It's important the  
same day and time each week. Action: Roger L, Michelle, Roger C, Bob**

**8 Horse Etiquette**

**Gill suggestion to RL was discussed in some detail, but it was decided to keep**

things as simple as possible and the suggestion was for the club to adopt a document issued some years ago from Clive. Action Gill

9 Risks of MTB-ing.

We would like to amend with can be and not is. Action Gill

The Gill suggestion for a new paragraph to replace the original stating:

By submitting this form I acknowledge all cycling carries risks and mountain biking CAN BE an extreme sport. I accept participation in any Cycle Seahaven ride/event is at own risk, and neither Cycle Seahaven nor the ride/event organisers shall be liable for loss, damage or injury. I also accept responsibility for ensuring appropriate fitness, to have familiarised myself and comply with club rules, and that cycle helmets are compulsory.

10 Ride grades E bike review

Bob has kindly put together a new Grade description for E bikes, with focus on the ability of the rider. This is to be circulated to RL for comment at the next meeting.

AOB:

Bike Bells, all riders should be reminded to have fitted. Action all RL

Club A4 posters are being printed, thoughts as to where they can be posted. Action all

RL