



**Cycle Seahaven Committee Meeting  
6.30pm Monday 1<sup>st</sup> September 2025  
The White Lion, Seaford.**

**MEETING MINUTES**

**Present:** Denis Bass (Chair), Yvonne Knight (Treasurer), Roger Case (Club Secretary)  
Clive Aberdour (Communications)

1. **Chair's Welcome** Denis B welcomed the committee and Clive A
2. **Apologies for Absence** None from Committee members
3. **Minutes of the last meeting approved** 14.07.2025 subject to an action point for Yvonne K
4. **Matters Arising / Action Points Update**

Roger C to discuss with Mike W update on active and inactive RL's ([see 7 below](#))

Roger C to talk to Mike G about canvassing RL's participation in First Aid training. ([see 8 below](#))

Bob P & Mike G are presently reviewing the club's MTB grading system to bring it up-to-date regarding manual and electric MTB rides. ([see 7 below](#))

Michelle B is to estimate expenditure for Multi Ride in August and complete a RL Grant Form for committee approval ([see 7 below](#))

Denis B to discuss with Gave G and report back on current Merchandising position. ([see 7 below](#))

Gill P to report on Egrets Way AGM on 09.08.2025 [Both Gill P and Ian C were unable to attend](#)

Roger C to discuss with Jamie S the possibilities for a Basic Cycle Maintenance Class for members, to see if Dr Bike can deliver such a class. ([see 11 below](#))

Yvonne K to review various matters. ([see 7 below](#))

5. **Feedback from members**

Mike G suggested seeking members feedback for Committee meetings via Facebook and Clive A also suggested the newsletter. This was approved by the Committee.

## 6. **Poster Update**

A4 Posters and A5 flyers now ordered by Denis B at £20 for 50 A4 and 50 A5. They can be laminated by Roger C if required. Thanks to Bob P and Clive A for pushing this forward.

## 7. **Section Leads**

- **Dr Bike** (Jamie S)

- **General Update**

Results correct up to Saturday 23 August 2025:

8 Dr Bike events held so far this season

0 Bikes Received security marking

60 bikes worked on

£386 in cash donations and £150 sum up donation received so far

£2.54 paid in Sum Up Fee's

£533.47 raised so far for the club charity. Newhaven RNLI.

These figures include 5 donated bikes that have been sold on.

We currently have 12 bikes in stock and available for sale.

**Expenditure summary:**

£379.63 opening balance for the Cycle UK Grant

£74.95 spent so far

£304.68 retained balance

£200.00 opening balance for Refreshments budget

£27.24 spent so far

£172.76 retained balance

All remaining sessions will be held at The Big Park Hub in Peacehaven. There are four sessions remaining through September and October

- **Ride Leaders**

- **Ride stats & incidents for 14.07 – 01.09.25** (Mike W)

Road Rides -32 Rides Posted

Road Rides Cancelled – 4 Rides

MTB Rides –27 Rides Posted

MTB Rides Cancelled – 1 Ride

Total Rides Run –54 Rides

1 incident reported 11.08.25

- **Active and Inactive RL's** (Roger C)

The ride leaders at the recent meeting proposed that if a RL assists with a ride even on the day their initials should be added to the Ride Calendar so they are credited with leading a ride as this sometimes does not happen and so does not adequately reflect who is an active RL. This was agreed by the Committee.

- **MTB club grading system review** (Roger C)

Bob P has presented proposals to the RL's meeting for improving ride grading for E-MTB rides and riders which is being considered and will be addressed at the next RL's meeting.

- **Multi-Ride Report and Grant** (Michelle B)

A report on the day and an article with photos for the newsletter would be greatly appreciated if one of the organisers could please provide one.

- **RL Meeting 11.08.25 further update** (Roger C)

Minutes of the RLs meeting on 11<sup>th</sup> August are attached at the end of these minutes.

- **CSH sail flags** (Denis B)

Following a request from Sarah W following the RL's meeting Denis B has obtained a quotation from SUN Leisure for 2 x CSH Dolphin flags @ £150 each including VAT. This was agreed by the committee and will now be ordered. Denis already has stands. See illustration below.



- **Treasurers Report** (Yvonne K)
  - July report

|                                |                    |                      |                      |              |
|--------------------------------|--------------------|----------------------|----------------------|--------------|
| Cycle Seahaven                 |                    |                      |                      |              |
| Accounts @ 31/07/25            |                    |                      |                      |              |
| <b>Balance B/F @ 30/06/25</b>  |                    |                      |                      | £5,867.71    |
| <b>Income</b>                  |                    |                      |                      |              |
| <i>Received From</i>           | <i>Description</i> | <i>Amount</i>        |                      |              |
| BISL Geoffrey Insurance        | To be investigated | £37.90               |                      |              |
| Various                        | Memberships        | £8.00                |                      |              |
|                                |                    | Total                | £45.90               |              |
|                                |                    |                      |                      | £5,913.61    |
| <b>Expenditure</b>             |                    |                      |                      |              |
| <i>Paid To</i>                 | <i>Description</i> | <i>Amount</i>        |                      |              |
| Pure Crimson                   | Dr Bike Jerseys    | £379.85              |                      |              |
| Lloyds Bank                    | Service Charges    | £4.25                |                      |              |
|                                |                    | Total                | £384.10              |              |
|                                |                    |                      |                      | £5,529.51    |
| Balance                        |                    |                      |                      | £5,529.51    |
| Bank Balance @ 31/07/25        |                    |                      |                      | £5,529.51    |
| Variance                       |                    |                      |                      | £0.00        |
| <b>Balance Includes</b>        | <b>B/F</b>         | <b>This Period +</b> | <b>This Period -</b> | <b>Total</b> |
| Charity Donations (Dr Bike)    | £471.61            | £0.00                | £0.00                | £471.61      |
| Charity Donations (Jersey)     | £36.00             | £0.00                | £0.00                | £36.00       |
| Charity Donations (Multi Ride) | £100.00            | £0.00                | £0.00                | £100.00      |
| Dr Bike Grant (Refreshments)   | £172.76            | £0.00                | £0.00                | £172.76      |
| Cycling UK Grant               | £315.65            | £0.00                | £0.00                | £315.65      |
| RL Grant (SW)                  | £20.00             | £0.00                | £0.00                | £20.00       |
| RL Grant (MB)                  | £75.00             | £0.00                | £0.00                | £75.00       |
| Website Hosting                | £0.00              | £0.00                | £0.00                | £0.00        |
| Anti Spam Software             | £0.00              | £0.00                | £0.00                | £0.00        |
| First Aid Kits                 | £0.00              | £0.00                | £0.00                | £0.00        |
| First Aid Training             | £780.00            | £0.00                | £0.00                | £780.00      |
| AGM Costs                      | £0.00              | £0.00                | £0.00                | £0.00        |
| Jersey (Dr Bike)               | £379.85            | £0.00                | £379.85              | £0.00        |
| Cycling UK Insurance           | £90.00             | £0.00                | £0.00                | £90.00       |
| Peacehaven Cycle Hub           | £75.00             | £0.00                | £0.00                | £75.00       |
| Bank Charges                   | £25.50             | £0.00                | £4.25                | £21.25       |
| IT Consumables                 | £0.00              | £0.00                | £0.00                | £0.00        |
| Total Committed Funds          | £2,541.37          | £0.00                | £384.10              | £2,157.27    |

£100 will be set aside for first aid kits

A full breakdown of committed funds will also be produced and included in the report

Will also clear up account discrepancy with Lloyds Bank and about name changes

Roger C to sign in to Lloyds club bank account to replace Gill P who asked to be removed.

- **Membership Update** (Denis B)

- Membership (last meeting) 268
  - Membership Secretary  
Denis B is now de facto Membership Secretary following Gill P's resignation on 21.08.25 and an advert will be sent in an email to all members for a new Membership Secretary with an outline of the tasks and skills that the role requires.
  - **Merchandise** (Denis B/Dave G)
    - Denis B is working closely with Dave G on merchandising and Dave G is in contact with the supplier and dealing with orders. Dave G has also suggested a club gilet which the Committee approved in principle and subject to design.
- 8. First Aid Training** (Denis B)  
The course on 18<sup>th</sup> October is now full and there are 7 places available of the 25<sup>th</sup> October course. Denis B will send an email to all members offering the places on a first come first served basis. Both courses are at the Club's expense and will be held at the NSSC Piddinghoe Pond.
- 9. Voting Agenda Items Notified In Advance** None
- 10. DONM** – 20<sup>th</sup> October 2025, White Lion at 18.30
- 11. AOB** –

**CSH Cycle Maintenance advice update** (Roger C)

Roger C is currently talking to Mike S about a post-Dr Bike session(s) for club members giving advice on cycle self-maintenance.

**Administration update and action from Gill P's email** (Denis B, Yvonne K, Roger C)

To be discussed by the committee by email before the next meeting.

**The Meeting closed at 1930**

**Action Points**

**Roger C** to ask for Member's feedback for Committee meetings via Facebook and the newsletter.

An article with photos for the newsletter would be greatly appreciated if one of the organisers could please provide one.

**Denis B** to order CSH flags

**Yvonne K** to set aside £100 for first aid kits, provide a full breakdown of committed funds for the treasurer's report and will also clear up account discrepancy with Lloyds Bank and about name changes

**Roger C** to sign in to Lloyds club bank account to replace Gill P who asked to be removed.

**Denis B** will send an advert in an email to all members for a new Membership Secretary with an outline of the tasks and skills that the role requires.

**Denis B** will send an email to all members offering 7 places on the 25<sup>th</sup> October First Aid course on a first come first served basis.

**Roger C** is currently talking to Mike S about a post-Dr Bike session(s) for club members giving advice on cycle self-maintenance.

WHITE LION 1900 hrs

Attendees: MG, RL, SW, RC, LV, Jim, Clive, Paul, Michelle, Bob

Apologies received from: MW, RC, KC, Dr DT, DG

Welcome and thank you for attending this evening.

**1 Multi rides** from the NSSC 17 Aug Sunday 9.00

New members 2025 mail shot :**Action Gill**

2B, 3B, 3C, E bike specific, 3 Road bike routes

No Gazebo required

Snacks and Badges organised.

New member forms to be printed for Sunday by Bob

Committee to be asked for Feather Flags x2 CSH: **Action Sarah**

**2 Average speeds** Be more realistic.

**3 News letter input from RL**

Share what happened on the ride. **Action Bob to discuss with Derek ref cassette.**

**4 Bookings for a First Aid course** this autumn. Please ensure you sign up for 18 or 25 October.

**5 RLs carrying space ICE cards to encourage their use** and Club 'business' cards to hand to interested others on rides.

Clive believes he has a wad to pass to Bob for Sunday: **Action Clive**

**6 RL grants**

Discussion took place. Reminder that forms available on the website.

**7 More 1A 2B rides needed**

Roger L and Michelle have agreed to post more rides 2B at least 1 per month. Roger C and Bob have also committed to posting 2B rides. It's important the same day and time each week.

**Action: Roger L, Michelle, Roger C, Bob**

**8 Horse Etiquette**

Gill suggestion to RL was discussed in some detail, but it was decided to keep things as simple as possible and the suggestion was for the club to adopt a document issued some years ago from Clive. **Action Gill**

**9 Risks of MTB-ing.**

We would like to amend with 'can be' and 'not is'. **Action Gill**

The Gill suggestion for a new paragraph to replace the original stating:

By submitting this form I acknowledge all cycling carries risks and mountain biking **CAN BE** an extreme sport. I accept participation in any Cycle Seahaven ride/event is at own risk, and neither Cycle Seahaven nor the ride/event organisers shall be liable for loss, damage or injury. I also accept responsibility for ensuring appropriate fitness, to have familiarised myself and comply with club rules, and that cycle helmets are compulsory.

**10 Ride grades E bike review**

Bob has kindly put together a new Grade description for E bikes, with focus on the ability of the rider. This is to be circulated to RL for comment at the next meeting.

**AOB:**

Bike Bells, all riders should be reminded to have fitted. **Action all RL**

Club A4 posters are being printed, thoughts as to where they can be posted. **Action all RL**