

CSH – RIDE LEADER (RL) MEETING – Mon 11 August 2025

WHITE LION 1900 hrs

Agenda:

Attendees: MG, RL, SW, RC, LV, Jim, Clive, Paul, Michelle, Bob

Apologies received from: MW, RC, KC, Dr DT, DG, IW

Welcome and thank you for attending this evening.

1 Multi rides from the NSSC 17 Aug Sunday 9.00

New members 2025 mail shot :Action Gill

2B, 3B, 3C, E bike specific, 3 Road bike routes

No Gazebo required

Snacks and Badges organised.

New member forms to be printed for Sunday by Bob

Committee to be asked for Feather Flags x2 CSH: Action Sarah

2 Average speeds

Be more realistic.

3 News letter input from RL

**Share what happened on the ride. Action Bob to discuss with Derek ref
cassette.**

4 Bookings for a First Aid course this autumn.

Please ensure you sign up for 18 or 25 October.

**5 RLs carrying space ICE cards to encourage their use and Club 'business'
cards to hand to interested others on rides.**

Clive believes he has a wad to pass to Bob for Sunday: Action Clive

6 RL grants

Discussion took place. Reminder that forms available on the website.

7 More 1A 2B rides needed

Roger L and Michelle have agreed to post more rides 2B at least 1 per month.

**Roger C and Bob have also committed to posting 2B rides. It's important the
same day and time each week. Action: Roger L, Michelle, Roger C, Bob**

8 Horse Etiquette

Gill suggestion to RL was discussed in some detail, but it was decided to keep

things as simple as possible and the suggestion was for the club to adopt a document issued some years ago from Clive. Action Gill

9 Risks of MTB-ing.

We would like to amend with can be and not is. Action Gill

The Gill suggestion for a new paragraph to replace the original stating:

By submitting this form I acknowledge all cycling carries risks and mountain biking CAN BE an extreme sport. I accept participation in any Cycle Seahaven ride/event is at own risk, and neither Cycle Seahaven nor the ride/event organisers shall be liable for loss, damage or injury. I also accept responsibility for ensuring appropriate fitness, to have familiarised myself and comply with club rules, and that cycle helmets are compulsory.

10 Ride grades E bike review

Bob has kindly put together a new Grade description for E bikes, with focus on the ability of the rider. This is to be circulated to RL for comment at the next meeting.

AOB:

Bike Bells, all riders should be reminded to have fitted. Action all RL

Club A4 posters are being printed, thoughts as to where they can be posted. Action all

RL