

Essential Links & Info

Please use in conjunction with [Ride Leader Guidance](#) and [Club Rules & Safety Guidance](#).

Incident Form [HERE](#)

- Report incidents asap with as much detail as possible.
- Incidents that require reporting usually have involved use of first aid kit items and/or if additional medical treatment is likely later required.

Guest Form [HERE](#)

- Complete BEFORE the ride.
- If mobile signal is unattainable, take details digitally/hand written so online form can be completed later.
- Ride Leaders must delete any guest details post ride.
- Guests may participate in three rides before having to join the club.
- A completed guest form remains valid for 1 year as long as details remain unchanged.
- Only 10 guests may join any one ride.

Photographs

- Ride Leaders are responsible for asking if someone wishes to be or expressively wishes not to be photographed.
- Ride Leaders are not responsible for the taking of photos by other riders, but at the start of each ride verbally checking that your riders/guests remain happy to be photographed allows everyone to know other riders preference.

Club Calendar Guidance/Cancelling Rides [HERE](#)

- Cancellations need to be put on the calendar by adding the words *CANCELLED* to the BEGINNING of the description – adding it to the end makes it difficult to see on a mobile device.
- Do NOT just delete the ride entry as this can be confusing – far better to state that it is cancelled.
- Any problems concerning the Club Calendar, ask an experienced Ride Leader or contact the Administrator at [Contact Us](#).

First Aid

- Ride Leaders are only covered by Cycling UK's third party liability insurance to administer first aid if they hold a [current first aid certificate](#) (renewed every 3 years).
- If you use first aid kit items there should be a corresponding completed Incident Report.
- Replacement kits can be requested from the First Aid Kit Monitor via [Contact Us](#).

Youths (under 18 years old)

- Member youths must have a completed Parental Consent Form [HERE](#)
- Guest youths must have a completed Parental Consent Form [HERE](#)
- All youths must be accompanied by a parent/guardian/other adult acting in loco parentis.

- If doubtful regarding this paperwork, check held details with the Membership Secretary via [Contact Us](#).

Ride Leader Observation Report [HERE](#)

- Ensure to keep the RL Assessor Coordinator updated throughout the process.

Ride Expense Assistance [HERE](#)

E-Bike Laws [HERE](#)

Public Toilets [HERE](#)

Cycling UK Ride Leaders Tool Kits [HERE](#)

Cycling UK's Ride Leader Standards Handbook [HERE](#)

(Revised Sept 2026 - V4)